

Well it really was no surprise that we would be back in a lockdown.

I fear that this time around is worse than the first back in March last year, concerns have been raised to the council and Chris Loader MP as it would seem many people are getting complacent and bored of the situation that we find ourselves in. Its also concerning that some people that have had the vaccination have taken the attitude that they are now all good and can just carry on as normal.

I would ask that all parishes send out a gentle reminder on your web sites or social media pages that COVID 19 is still very much with us and the guidance that is being given must be followed especially the wearing of masks, washing hands and social distancing....Hands-Face-Space.

Having had a family member that works for the NHS and contracted the virus from the hospital they work at I am fully aware of just how savage this virus can be. So please follow guidance and stay safe.

I have added the details again for anyone who has concerns around Domestic abuse

Reach Out – Domestic Abuse

With continued challenges of the COVID-19 pandemic this year, life at home is difficult for people at the moment for both women and men.

For some couples, working from home has meant they are spending a lot more time together than normal with arguments more common as pressures increase. With the addition of financial difficulties due to reduced working hours or redundancy, and home schooling, 2020 is proving a difficult time.

Confidential help and support is available now for anyone struggling with their relationship. Organisations in Dorset such as Relate, Samaritans and You First have specialist advisors waiting at the end of a phone

Relate has advisers to support you and they can be contacted on 01302 380900 or visit www.relate.org.uk/relationship-help.

You can speak to the Samaritans on Freephone 116 123

If you need advice about Domestic Abuse, speak to You First advisers on 0800 032 5204. Alternatively, visit www.dorsetcouncil.gov.uk/dvahelp.

A fake NHS text has been circulating telling people they're eligible to apply for the COVID-19 vaccine.

The text message invites the recipient to apply for a vaccine. It then asks for the name, address, date of birth and card payment information. The NHS will not ask you for this information.

Scammers are looking to exploit the most vulnerable and worried. Never give your bank details or personal information to unknown sources

Be vigilant and aware of any suspicious texts or emails you receive.